



ABRaS AC Mina 10K Series - Race 3

Full Results by Category

Junior 3K Run 9-12 - Female

Rank	Bib	Name	FinishTime	Club
1	443	Elisha Powell	00:11:35	ABRaS AC
2	444	Natalia Wazny	00:11:35	ABRaS AC
3	400	Megan Dingle	00:12:04	
4	445	Isabella Dewhurst	00:12:31	Dubai Road Runners
5	440	Alysha Alimohamed	00:12:47	ABRaS AC
6	402	Ruby Harrison	00:12:51	Dubai Road Runners
7	412	Tara Dowling	00:14:14	
8	436	Ella Jenkins	00:14:21	
9	427	Zala Mazej	00:14:23	ABRaS AC
10	415	Layal Halabi	00:14:48	
11	420	Leya Mampilli	00:16:33	
12	446	Charlotte Dewhurst	00:16:38	Dubai Road Runners
13	405	Charlotte Garwood	00:16:58	Dubai Road Runners
14	416	Emily A Burlison	00:17:23	
15	407	Jackie Ghosn	00:19:50	
16	49	Mariam Dunseath	01:28:22	

Junior 3K Run 9-12 - Male

Rank	Bib	Name	FinishTime	Club
1	442	Max Powell	00:10:54	ABRaS AC
2	424	Andrew Lamb	00:12:18	ABRaS AC
3	433	Markus Trelles Cohen	00:12:21	
4	404	Alfons Ljunghall	00:12:27	
5	403	Harry Ives	00:12:33	
6	428	Jure Mazej	00:12:51	ABRaS AC
7	434	Lucas Trelles Cohen	00:12:58	
8	448	Angus McLay	00:12:58	
9	419	Siddhant Mampilli	00:12:58	
10	432	Nicholas Heinio Widell	00:13:26	
11	426	Jakub Troc	00:13:42	Dubai Road Runners
12	439	Samuel McGrory	00:14:20	Dubai Road Runners
13	430	Saif Y Hamdan	00:15:17	
14	408	Kerem Yavuz	00:15:40	ABRaS AC
15	406	John Ghosn	00:16:09	
16	441	Gabriel Schmidt	00:16:10	
17	431	Pranu Prakash	00:16:56	
18	447	Kazim Khan	00:18:06	Dubai Creek Striders

Junior 3K Run 13-17 - Female

Rank	Bib	Name	FinishTime	Club
1	459	Anna Knightley	00:11:17	
2	401	Megan Elliott	00:13:16	
3	418	Shewly Akter	00:16:33	

Junior 3K Run 13-17 - Male

Rank	Bib	Name	FinishTime	Club
1	422	Alexander Cargill	00:10:25	ABRaS AC
2	417	Maximilien Balard	00:11:09	
3	425	Leszek Troc	00:11:12	Dubai Road Runners
4	438	Oliver Dyson	00:11:33	ABRaS AC
5	421	Benjamin Plumb	00:12:46	Mirdif Milers
6	435	Ricky Advani	00:17:36	

Junior 10K Run - Female

Rank	Bib	Name	FinishTime	Club
1	458	Luca Kastner	00:46:23	



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Full Results by Category

Junior 10K Run - Female

Rank	Bib	Name	FinishTime	Club
2	237	Olivia Johnson	00:48:12	ABRaS AC
3	453	Olivia Dennehy	00:52:09	
4	320	Malise Foss	00:52:31	
5	307	Elijah Mae Palma	00:52:44	
6	308	Remi Denise Palma	01:03:47	
7	82	Pornpimol Suttachat	01:10:29	

Junior 10K Run - Male

Rank	Bib	Name	FinishTime	Club
1	290	Matthew Lamb	00:39:51	ABRaS AC

Open - Female

Rank	Bib	Name	FinishTime	Club
1	457	Myriam Lamure	00:37:39	
2	7	Emma Phillips	00:37:49	ABRaS AC
3	115	Katy Hallside	00:40:29	Dubai Road Runners
4	246	Anja Schwerin	00:40:42	Dubai Road Runners
5	5	Margaret Campbell	00:42:09	ABRaS AC
6	26	Monique Arnoldus	00:42:22	
7	273	Louise Harrington	00:42:25	ABRaS AC
8	387	Hayley Wood	00:42:49	Dubai Creek Striders
9	217	Gemma Jewell	00:43:19	
10	456	Pascaline Weber	00:43:32	ABRaS AC
11	328	Linda Hamed	00:46:50	
12	132	Sarah Duthie	00:46:56	
13	159	Nada El Sawy	00:47:04	
14	126	Catherine Renaud	00:47:31	ABRaS AC
15	25	Vanessa Grgurin	00:47:42	
16	162	Méabh Rohan	00:48:01	Dubai Road Runners
17	134	Juliane Schultz	00:49:32	
18	347	Nadia Kirkland	00:49:59	
19	311	Christine Jemo	00:50:15	Dubai Road Runners
20	381	Nathalie Pageau	00:50:20	
21	374	Helene Sarkis	00:50:55	
22	384	Louise Auckland	00:51:11	
23	204	Adeline Cazas	00:51:54	
24	182	Sam Bye	00:52:17	
25	222	Marie Fontquerni Ribe	00:52:25	
26	300	Mia Luykx	00:53:00	
27	228	Ashley McCowan	00:53:13	
28	331	Rosa Lopez	00:53:13	
29	212	Jill Robson	00:53:26	
30	348	Alia Haskouri	00:53:45	
31	326	Kifah Sbeitan	00:53:51	Dubai Creek Striders
32	144	Neslie Goode	00:54:02	
33	48	Soukaina Alami	00:54:44	ABRaS AC
34	340	Louise Foster	00:55:00	
35	315	Megan Mulcahy	00:55:05	
36	321	Andreyra Valabek	00:55:09	Dubai Road Runners
37	44	Jane Buthlay	00:55:40	
38	236	Sierra McKenna	00:55:56	
39	173	Leanne Hucker	00:56:28	
40	383	Rachel MacLoughlin	00:56:38	
41	181	Shanon Simons	00:57:53	
42	392	Tomoko Yoshimoto	00:58:14	
43	398	Mary Grace Bongat	00:58:33	
44	380	Alanna Turpin	00:58:39	



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Full Results by Category

Open - Female

Rank	Bib	Name	FinishTime	Club
45	399	Glenda Sagun	00:59:27	
46	339	Alexandra Bull	01:00:25	
47	283	Carole Escaravage	01:00:57	Stride for Life
48	302	Branka Mazej	01:01:19	ABRaS AC
49	80	Pom Askjaer	01:01:44	
50	18	Natalie Gibbs	01:01:46	
51	297	Ewa Troc	01:02:15	
52	210	Vedrana Jovanovic	01:02:20	
53	117	Maria Bougdanou	01:02:29	
54	29	Judie Kellerman	01:03:07	
55	207	Nilguen Atasoy Celik	01:04:30	
56	46	Rohini Kamath	01:04:31	
57	255	Mary Kristine Santos	01:04:50	
58	342	Stephanie Du Preez	01:04:52	
59	370	Vicki Holland	01:04:59	
60	256	Susan Roux	01:05:04	
61	270	Tina Pugh	01:06:14	
62	386	Natalie Lifook	01:06:50	
63	352	Colette Cupid	01:06:51	
64	254	Marry Beth Faustino	01:06:55	
65	87	Kate Maxted	01:07:10	Dubai Creek Striders
66	325	Kerri Holmes	01:07:30	
67	324	Lara Brice	01:07:30	
68	224	Katy Maguire	01:07:45	
69	225	Gemma Sylvester	01:07:45	
70	176	Trisha Clancy	01:09:47	
71	168	Gemma Ralph	01:10:52	
72	172	Roya Malekian	01:10:53	
73	377	Sarah Margaret	01:11:28	
74	293	Lecille Albores Parmis	01:12:16	
75	136	Sinead Ryan	01:13:04	
76	292	Onelia Apilada	01:14:27	
77	167	Fiona Donald	01:14:32	
78	170	Mette Pii	01:14:32	
79	197	Canan Sener	01:14:50	ABRaS AC
80	341	Emma Gordon	01:15:22	
81	226	Stephanie Pittam	01:18:14	
82	227	Rebecca Pittam	01:18:15	
83	107	Tina Rexi	01:18:42	

Open - Male

Rank	Bib	Name	FinishTime	Club
1	9	Ismail Ssenyange	00:30:33	Dubai Creek Striders
2	32	Paul Muturi	00:32:10	ABRaS AC
3	309	Tony Clarkson	00:33:28	ABRaS AC
4	4	Getinet Chala	00:33:29	ABRaS AC
5	336	John Said	00:33:50	Dubai Road Runners
6	8	Tom Page	00:35:41	ABRaS AC
7	36	Amila Lakshan Silva	00:35:51	ABRaS AC
8	146	David Smith	00:36:06	Mirdif Milers
9	3	Kartik Ng	00:36:29	ABRaS AC
10	344	Rob Thornton	00:37:06	Mirdif Milers
11	240	John Fahy	00:37:20	ABRaS AC
12	11	Dominic Makori	00:37:38	
13	60	Anders Schmidt	00:37:52	
14	397	Patrick Brennan	00:38:25	
15	27	Keevin Hillary	00:38:38	



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Full Results by Category

Open - Male

Rank	Bib	Name	FinishTime	Club
16	192	Johan Anderson	00:39:10	Dubai Creek Striders
17	272	Renan Arnalde	00:39:13	
18	10	Kelvine Owuor	00:39:41	
19	358	Hazim Darwish	00:39:49	Dubai Road Runners
20	271	Andy Neilson	00:39:50	
21	33	Minuwan Abeywickrama	00:40:03	
22	70	Ahmed Al Kamda	00:40:04	
23	248	Sumeet Mishra	00:40:09	
24	54	Gerard Van De Pol	00:40:20	Dubai Road Runners
25	34	Mahesh Sanjeeva	00:40:21	
26	362	Damian Cosgrove	00:41:44	
27	90	Jason Hooper	00:42:13	
28	298	Walter Perryman	00:43:09	ABRaS AC
29	378	Fabien Loy	00:43:31	
30	250	Daniel Whitfield	00:44:19	
31	318	Ian Barfoot	00:44:43	
32	215	Mirco Urban	00:45:06	Dubai Roadsters
33	23	Robert Marinelli	00:45:16	
34	364	Walid Abdel Ahad	00:45:55	
35	41	Chris Brownlie	00:46:12	
36	396	Conor Clune	00:46:29	
37	357	Dominic Parsons	00:46:36	
38	299	Marlon Elaurza	00:46:44	Dubai Road Runners
39	265	Joao Goncalves	00:46:45	
40	229	Matthew McCowan	00:47:02	
41	319	Arthur Dabaghian	00:47:18	
42	232	Omar Abu Omar	00:47:38	ABRaS AC
43	371	Fadi Barakat	00:47:47	
44	247	Nicholas Rogers	00:48:17	
45	330	Dean Brooks	00:48:30	Mirdif Milers
46	280	Morosco Nginhena	00:48:31	
47	113	Andrew Jones	00:48:33	
48	64	Sebastien Geliquot Serna	00:48:38	
49	450	Andrii Shevchenko	00:48:51	
50	129	Joseph Khater	00:48:54	
51	360	Mustapha Darwish	00:48:55	
52	269	Jeremy Grigg	00:49:32	Dubai Creek Striders
53	276	Ricardo Baal Jr	00:50:03	
54	314	Ziad Matar	00:51:18	
55	28	Atif Khan	00:51:46	
56	100	Russell Short	00:52:15	
57	164	Abdul Wahab Al Halabi	00:53:10	
58	350	Benjamin Crossland	00:54:04	
59	295	Jay Pathak	00:54:12	
60	30	Rhyn McCutcheon	00:54:30	
61	266	Brian Goltz	00:54:51	
62	42	Dal Gurung	00:55:23	
63	262	Nicholas Patmore	00:56:48	ABRaS AC
64	125	Francesco Ciardulli	00:56:50	
65	241	Aamer Rasheed	00:57:45	ABRaS AC
66	79	Mohamed Almarzooqi	00:57:56	
67	257	Julien Lebrun	00:58:35	
68	379	Ajay Keerthy	00:59:29	
69	223	Andy Walters	01:00:06	
70	206	Alvaro Hurtado	01:00:13	
71	288	Rafael Santelices	01:00:37	
72	231	Jeff Collins	01:01:33	ABRaS AC



ABRaS AC Mina 10K Series - Race 3

Full Results by Category

Open - Male

Rank	Bib	Name	FinishTime	Club
73	317	Steven Cutts	01:02:46	
74	214	Zouhier Al Chawa	01:02:48	
75	373	Thomas Mullinnix	01:03:16	
76	108	Shaun Dubash	01:06:50	
77	193	Danny Crasto	01:07:56	
78	106	Rexi Abraham Chacko	01:10:43	
79	242	Abdul Rehman	01:11:15	ABRaS AC
80	12	Rafael Roxas	01:11:38	
81	198	Hakan Sener	01:12:37	ABRaS AC

Veterans 40-44 - Female

Rank	Bib	Name	FinishTime	Club
1	1	Debbie Powell	00:38:51	ABRaS AC
2	57	Aline Vacheron	00:40:05	ABRaS AC
3	2	Angeline Wehbe	00:46:40	ABRaS AC
4	349	Deborah Thompson	00:46:53	
5	372	Caroline Ocallaghan	00:48:23	
6	275	Helen Charlton	00:48:49	Dubai Creek Striders
7	391	Fiona Curtis	00:48:59	
8	177	Triona MacGregor	00:50:42	
9	74	Louise Morris	00:51:23	Dubai Creek Striders
10	252	Autumn Oden	00:51:41	
11	355	Justine Morris	00:53:26	Mirdif Milers
12	356	Jayne Barlow Salloum	00:53:52	Mirdif Milers
13	175	Claire Flynn	00:54:05	
14	133	Hatice Yavuz	00:54:10	ABRaS AC
15	238	Carinne Abou-Huguet	00:57:01	
16	138	Jacqueline Williams	00:57:29	Dubai Creek Striders
17	151	Sonja Adam	00:57:55	
18	183	Brigitte Shamis	00:58:40	
19	249	Zsofia Kondor	00:58:53	
20	235	Rathi Mampilli	01:00:15	
21	180	Fred Balard	01:00:39	
22	394	Sadhana Natali-Khan	01:00:41	Dubai Creek Striders
23	178	Sandra Hava	01:01:42	
24	203	Mathilde Rottembourg	01:04:21	
25	51	Laura Sarssom	01:05:20	
26	50	Philippa Stringer	01:05:25	
27	40	Nessrine Salah	01:15:19	

Veterans 40-44 - Male

Rank	Bib	Name	FinishTime	Club
1	335	Phillip Clarke	00:35:39	Dubai Creek Striders
2	195	Jerry Anglim	00:39:22	Dubai Creek Striders
3	191	Francois Pujo	00:40:09	
4	244	David Cox	00:40:22	Dubai Creek Striders
5	105	Thomas Hogfors	00:41:03	
6	69	Richard Harrison	00:41:16	Dubai Road Runners
7	361	Ulrich Hahne	00:41:18	ABRaS AC
8	333	Suranga Jayasinghe	00:42:08	
9	277	Francis Donohoe	00:42:35	
10	101	Simon Putt	00:43:37	ABRaS AC
11	322	Andreas Bertram	00:43:39	
12	24	Mark Kirby	00:44:12	
13	261	Jahid Mohseni	00:45:34	
14	15	Billy Harkin	00:46:17	
15	205	Ansgar Klevorn	00:46:24	



ABRaS AC Mina 10K Series - Race 3

Full Results by Category

Veterans 40-44 - Male

Rank	Bib	Name	FinishTime	Club
16	161	Declan McCaffrey	00:46:38	
17	301	Uros Mazej	00:47:24	ABRaS AC
18	343	Sany Menendez	00:50:10	
19	86	Dietmar Spatschil	00:50:40	
20	99	Raymond Thompson	00:51:27	
21	313	Matthew Foss	00:52:34	
22	91	Hendrik Verbrugge	00:52:45	
23	251	Haider Khan	00:53:11	Dubai Creek Striders
24	77	Nick Dingle	00:53:18	Mirdif Milers
25	55	Julian Copson	00:53:46	
26	38	Peter Van Der Ham	00:54:08	Dubai Road Runners
27	296	Slawomir Troc	01:02:15	Dubai Creek Striders

Veterans 45-49 - Female

Rank	Bib	Name	FinishTime	Club
1	13	Marielle Heinio Widell	00:50:00	
2	119	Nicky Garwood	00:50:31	Dubai Road Runners
3	93	Elizabeth Ives	00:50:53	
4	109	Lesley Birch	00:51:43	
5	289	Sarah Lamb	00:54:49	ABRaS AC
6	16	Muna Dandan	00:56:05	
7	84	Claudia Italia	00:57:47	
8	312	Marti Hardin	01:00:17	
9	171	Lisa Stacey	01:00:40	
10	216	Emma Flanagan	01:01:35	
11	304	Kim Perks	01:06:52	Dubai Creek Striders
12	184	Jackie Jordan	01:12:24	

Veterans 45-49 - Male

Rank	Bib	Name	FinishTime	Club
1	53	Chris Knight	00:36:13	
2	111	Matthew Reed	00:40:23	Dubai Road Runners
3	116	Marco Chirdel	00:41:37	
4	393	Servatius Palmans	00:42:12	Dubai Road Runners
5	58	Savio Schmitz	00:43:39	ABRaS AC
6	234	Paul Mampilli	00:43:44	
7	98	Ashley Woolhouse	00:46:06	
8	334	Bessam Quraishy	00:47:35	
9	135	Mark Patten	00:47:54	Dubai Creek Striders
10	92	Jonathan Ives	00:48:36	
11	45	Santokh Birk	00:48:43	
12	452	Martin Scadden	00:48:59	Mirdif Milers
13	56	Simon Elliott	00:50:07	
14	52	Andrew King	00:50:25	Abu Dhabi Striders
15	385	Robert Brind	00:50:48	
16	303	Allan Birimac	00:51:48	
17	268	John Barclay	00:53:37	Dubai Road Runners
18	149	Paul Dowling	00:54:39	
19	382	Alexandros Perakis	00:55:47	
20	338	Hassan Hawash	00:56:03	Abu Dhabi Striders
21	332	Michael Haasbroek	00:57:49	
22	31	Abdul Hameed Panjath	01:00:14	
23	85	Marco Palenzona	01:03:16	
24	390	Nigel Gibbons	01:03:40	
25	22	Paul Gebara	01:06:01	
26	188	Jayesh Patel	01:07:20	
27	137	Mark Williams	01:09:39	Dubai Creek Striders



ABRaS AC Mina 10K Series - Race 3

Full Results by Category

Veterans 50-54 - Female

Rank	Bib	Name	FinishTime	Club
1	160	Paula Masad	00:47:21	Dubai Road Runners
2	239	Nancie Havinoviski	00:49:16	
3	190	Alison Ramsay	00:50:33	
4	221	Kendra Hines	00:52:53	
5	369	Debby Plumpton	00:54:09	
6	233	Rebecca Janaway	00:58:29	Dubai Road Runners
7	128	Jane Shaddick-Brady	01:00:26	Dubai Creek Striders
8	291	Brigette Stoffberg	01:01:03	ABRaS AC

Veterans 50-54 - Male

Rank	Bib	Name	FinishTime	Club
1	68	Mac McNaghten	00:37:48	Dubai Creek Striders
2	59	Nick Gould	00:38:15	Dubai Creek Striders
3	145	Neil Smith	00:39:18	Mirdif Milers
4	245	Jose Garcia-Batte	00:40:21	Dubai Road Runners
5	39	Jim Reilly	00:44:32	
6	141	Mike Sutherland	00:46:51	
7	454	Chris Lamb	00:46:56	ABRaS AC
8	89	David Hewitt	00:47:04	
9	449	Alok Upadhyaya	00:47:04	
10	306	Nigel Harris	00:48:14	Dubai Road Runners
11	37	Malcolm Kelly	00:48:20	ABRaS AC
12	139	Robert Kane	00:49:13	
13	219	Thomas Holmes	00:49:49	
14	81	Kim Askjaer	01:03:01	

Veterans 55 Plus - Female

Rank	Bib	Name	FinishTime	Club
1	61	Elizabeth Driver	00:43:53	
2	365	Nancy Dolan	00:50:13	Dubai Creek Striders
3	196	Patricia Donegan	01:07:30	

Veterans 55-59 - Male

Rank	Bib	Name	FinishTime	Club
1	329	Graham Rafferty	00:40:05	Dubai Road Runners
2	78	Stuart Bain	00:42:52	
3	264	John Cargill	00:42:57	Dubai Road Runners
4	243	Craig Plumb	00:44:53	Mirdif Milers
5	220	Glen Mundy	00:46:02	
6	104	Ged Langosz	00:46:30	
7	213	Colin Jones	00:49:52	
8	284	Daniel Smith	00:53:16	
9	310	Andrew Gregory	01:01:59	Dubai Road Runners

Veterans 60 Plus - Male

Rank	Bib	Name	FinishTime	Club
1	110	Chris Coleman	00:42:43	Abu Dhabi Striders
2	366	Peter Dolan	00:50:09	Dubai Creek Striders
3	218	Christopher Simmons	00:53:39	
4	316	Kevin Mulcahy	00:55:05	
5	305	Ian Browning	00:59:09	Dubai Creek Striders