



ABRaS AC Mina 10K Series - Race 3

10K Overall Results

Rank	Bib	Name	Cat	Club	FinishTime	Overall	Category	Gender
1	9	Ismail Ssenyange	OM	Dubai Creek Striders	00:30:33	1	1	1
2	32	Paul Muturi	OM	ABRaS AC	00:32:10	2	2	2
3	309	Tony Clarkson	OM	ABRaS AC	00:33:28	3	3	3
4	4	Getinet Chala	OM	ABRaS AC	00:33:29	4	4	4
5	336	John Said	OM	Dubai Road Runners	00:33:50	5	5	5
6	335	Phillip Clarke	VM40	Dubai Creek Striders	00:35:39	6	1	6
7	8	Tom Page	OM	ABRaS AC	00:35:41	7	6	7
8	36	Amila Lakshan Silva	OM	ABRaS AC	00:35:51	8	7	8
9	146	David Smith	OM	Mirdif Milers	00:36:06	9	8	9
10	53	Chris Knight	VM45		00:36:13	10	1	10
11	3	Kartik Ng	OM	ABRaS AC	00:36:29	11	9	11
12	344	Rob Thornton	OM	Mirdif Milers	00:37:06	12	10	12
13	240	John Fahy	OM	ABRaS AC	00:37:20	13	11	13
14	11	Dominic Makori	OM		00:37:38	14	12	14
15	457	Myriam Lamure	OF		00:37:39	15	1	1
16	68	Mac McNaghten	VM50	Dubai Creek Striders	00:37:48	16	1	15
17	7	Emma Phillips	OF	ABRaS AC	00:37:49	17	2	2
18	60	Anders Schmidt	OM		00:37:52	18	13	16
19	59	Nick Gould	VM50	Dubai Creek Striders	00:38:15	19	2	17
20	397	Patrick Brennan	OM		00:38:25	20	14	18
21	27	Keevin Hillary	OM		00:38:38	21	15	19
22	1	Debbie Powell	VF40	ABRaS AC	00:38:51	22	1	3
23	192	Johan Anderson	OM	Dubai Creek Striders	00:39:10	23	16	20
24	272	Renan Arnalde	OM		00:39:13	24	17	21
25	145	Neil Smith	VM50	Mirdif Milers	00:39:18	25	3	22
26	195	Jerry Anglim	VM40	Dubai Creek Striders	00:39:22	26	2	23
27	10	Kelvine Owuor	OM		00:39:41	27	18	24
28	358	Hazim Darwish	OM	Dubai Road Runners	00:39:49	28	19	25
29	271	Andy Neilson	OM		00:39:50	29	20	26
30	290	Matthew Lamb	JM	ABRaS AC	00:39:51	30	1	27
31	33	Minuwan Abeywickrama	OM		00:40:03	31	21	28
32	70	Ahmed Al Kamda	OM		00:40:04	32	22	29
33	57	Aline Vacheron	VF40	ABRaS AC	00:40:05	33	2	4
34	329	Graham Rafferty	VM55	Dubai Road Runners	00:40:05	34	1	30
35	191	Francois Pujo	VM40		00:40:09	35	3	31
36	248	Sumeet Mishra	OM		00:40:09	36	23	32
37	54	Gerard Van De Pol	OM	Dubai Road Runners	00:40:20	37	24	33
38	34	Mahesh Sanjeewa	OM		00:40:21	38	25	34
39	245	Jose Garcia-Batte	VM50	Dubai Road Runners	00:40:21	39	4	35
40	244	David Cox	VM40	Dubai Creek Striders	00:40:22	40	4	36
41	111	Matthew Reed	VM45	Dubai Road Runners	00:40:23	41	2	37
42	115	Katy Hallside	OF	Dubai Road Runners	00:40:29	42	3	5
43	246	Anja Schwerin	OF	Dubai Road Runners	00:40:42	43	4	6
44	105	Thomas Hogfors	VM40		00:41:03	44	5	38
45	69	Richard Harrison	VM40	Dubai Road Runners	00:41:16	45	6	39
46	361	Ulrich Hahne	VM40	ABRaS AC	00:41:18	46	7	40
47	116	Marco Chirdel	VM45		00:41:37	47	3	41
48	362	Damian Cosgrove	OM		00:41:44	48	26	42
49	333	Suranga Jayasinghe	VM40		00:42:08	49	8	43
50	5	Margaret Campbell	OF	ABRaS AC	00:42:09	50	5	7
51	393	Servatius Palmans	VM45	Dubai Road Runners	00:42:12	51	4	44
52	90	Jason Hooper	OM		00:42:13	52	27	45
53	26	Monique Arnoldus	OF		00:42:22	53	6	8
54	273	Louise Harrington	OF	ABRaS AC	00:42:25	54	7	9
55	277	Francis Donohoe	VM40		00:42:35	55	9	46
56	110	Chris Coleman	VM60	Abu Dhabi Striders	00:42:43	56	1	47
57	387	Hayley Wood	OF	Dubai Creek Striders	00:42:49	57	8	10
58	78	Stuart Bain	VM55		00:42:52	58	2	48
59	264	John Cargill	VM55	Dubai Road Runners	00:42:57	59	3	49



ABRaS AC Mina 10K Series - Race 3

10K Overall Results

Rank	Bib	Name	Cat	Club	FinishTime	Overall	Category	Gender
60	298	Walter Perryman	OM	ABRaS AC	00:43:09	60	28	50
61	217	Gemma Jewell	OF		00:43:19	61	9	11
62	378	Fabien Loy	OM		00:43:31	62	29	51
63	456	Pascaline Weber	OF	ABRaS AC	00:43:32	63	10	12
64	101	Simon Putt	VM40	ABRaS AC	00:43:37	64	10	52
65	58	Savio Schmitz	VM45	ABRaS AC	00:43:39	65	5	53
66	322	Andreas Bertram	VM40		00:43:39	66	11	54
67	234	Paul Mampilli	VM45		00:43:44	67	6	55
68	61	Elizabeth Driver	VF55		00:43:53	68	1	13
69	24	Mark Kirby	VM40		00:44:12	69	12	56
70	250	Daniel Whitfield	OM		00:44:19	70	30	57
71	39	Jim Reilly	VM50		00:44:32	71	5	58
72	318	Ian Barfoot	OM		00:44:43	72	31	59
73	243	Craig Plumb	VM55	Mirdif Milers	00:44:53	73	4	60
74	215	Mirco Urban	OM	Dubai Roadsters	00:45:06	74	32	61
75	23	Robert Marinelli	OM		00:45:16	75	33	62
76	261	Jahid Mohseni	VM40		00:45:34	76	13	63
77	364	Walid Abdel Ahad	OM		00:45:55	77	34	64
78	220	Glen Mundy	VM55		00:46:02	78	5	65
79	98	Ashley Woolhouse	VM45		00:46:06	79	7	66
80	41	Chris Brownlie	OM		00:46:12	80	35	67
81	15	Billy Harkin	VM40		00:46:17	81	14	68
82	458	Luca Kastner	JF		00:46:23	82	1	14
83	205	Ansgar Kleborn	VM40		00:46:24	83	15	69
84	396	Conor Clune	OM		00:46:29	84	36	70
85	104	Ged Langosz	VM55		00:46:30	85	6	71
86	357	Dominic Parsons	OM		00:46:36	86	37	72
87	161	Declan McCaffrey	VM40		00:46:38	87	16	73
88	2	Angeline Wehbe	VF40	ABRaS AC	00:46:40	88	3	15
89	299	Marlon Elaurza	OM	Dubai Road Runners	00:46:44	89	38	74
90	265	Joao Goncalves	OM		00:46:45	90	39	75
91	328	Linda Hamed	OF		00:46:50	91	11	16
92	141	Mike Sutherland	VM50		00:46:51	92	6	76
93	349	Deborah Thompson	VF40		00:46:53	93	4	17
94	454	Chris Lamb	VM50	ABRaS AC	00:46:56	94	7	77
95	132	Sarah Duthie	OF		00:46:56	95	12	18
96	229	Matthew McCowan	OM		00:47:02	96	40	78
97	89	David Hewitt	VM50		00:47:04	97	8	79
98	449	Alok Upadhyaya	VM50		00:47:04	98	9	80
99	159	Nada El Sawy	OF		00:47:04	99	13	19
100	319	Arthur Dabaghian	OM		00:47:18	100	41	81
101	160	Paula Masad	VF50	Dubai Road Runners	00:47:21	101	1	20
102	301	Uros Mazej	VM40	ABRaS AC	00:47:24	102	17	82
103	126	Catherine Renaud	OF	ABRaS AC	00:47:31	103	14	21
104	334	Bessam Quraisyh	VM45		00:47:35	104	8	83
105	232	Omar Abu Omar	OM	ABRaS AC	00:47:38	105	42	84
106	25	Vanessa Grgurin	OF		00:47:42	106	15	22
107	371	Fadi Barakat	OM		00:47:47	107	43	85
108	135	Mark Patten	VM45	Dubai Creek Striders	00:47:54	108	9	86
109	162	Méabh Rohan	OF	Dubai Road Runners	00:48:01	109	16	23
110	237	Olivia Johnson	JF	ABRaS AC	00:48:12	110	2	24
111	306	Nigel Harris	VM50	Dubai Road Runners	00:48:14	111	10	87
112	247	Nicholas Rogers	OM		00:48:17	112	44	88
113	37	Malcolm Kelly	VM50	ABRaS AC	00:48:20	113	11	89
114	372	Caroline Ocallaghan	VF40		00:48:23	114	5	25
115	330	Dean Brooks	OM	Mirdif Milers	00:48:30	115	45	90
116	280	Morosco Nginhena	OM		00:48:31	116	46	91
117	113	Andrew Jones	OM		00:48:33	117	47	92
118	92	Jonathan Ives	VM45		00:48:36	118	10	93



ABRaS AC Mina 10K Series - Race 3

10K Overall Results

Rank	Bib	Name	Cat	Club	FinishTime	Overall	Category	Gender
119	64	Sebastien Geliquot Serna	OM		00:48:38	119	48	94
120	45	Santokh Birk	VM45		00:48:43	120	11	95
121	275	Helen Charlton	VF40	Dubai Creek Striders	00:48:49	121	6	26
122	450	Andrii Shevchenko	OM		00:48:51	122	49	96
123	129	Joseph Khater	OM		00:48:54	123	50	97
124	360	Mustapha Darwish	OM		00:48:55	124	51	98
125	452	Martin Scadden	VM45	Mirdif Milers	00:48:59	125	12	99
126	391	Fiona Curtis	VF40		00:48:59	126	7	27
127	139	Robert Kane	VM50		00:49:13	127	12	100
128	239	Nancie Havinoviski	VF50		00:49:16	128	2	28
129	134	Juliane Schultz	OF		00:49:32	129	17	29
130	269	Jeremy Grigg	OM	Dubai Creek Striders	00:49:32	130	52	101
131	219	Thomas Holmes	VM50		00:49:49	131	13	102
132	213	Colin Jones	VM55		00:49:52	132	7	103
133	347	Nadia Kirkland	OF		00:49:59	133	18	30
134	13	Marielle Heinio Widell	VF45		00:50:00	134	1	31
135	276	Ricardo Baal Jr	OM		00:50:03	135	53	104
136	56	Simon Elliott	VM45		00:50:07	136	13	105
137	366	Peter Dolan	VM60	Dubai Creek Striders	00:50:09	137	2	106
138	343	Sany Menendez	VM40		00:50:10	138	18	107
139	365	Nancy Dolan	VF55	Dubai Creek Striders	00:50:13	139	2	32
140	311	Christine Jemo	OF	Dubai Road Runners	00:50:15	140	19	33
141	381	Nathalie Pageau	OF		00:50:20	141	20	34
142	52	Andrew King	VM45	Abu Dhabi Striders	00:50:25	142	14	108
143	119	Nicky Garwood	VF45	Dubai Road Runners	00:50:31	143	2	35
144	190	Alison Ramsay	VF50		00:50:33	144	3	36
145	86	Dietmar Spatschil	VM40		00:50:40	145	19	109
146	177	Triona MacGregor	VF40		00:50:42	146	8	37
147	385	Robert Brind	VM45		00:50:48	147	15	110
148	93	Elizabeth Ives	VF45		00:50:53	148	3	38
149	374	Helene Sarkis	OF		00:50:55	149	21	39
150	384	Louise Auckland	OF		00:51:11	150	22	40
151	314	Ziad Matar	OM		00:51:18	151	54	111
152	74	Louise Morris	VF40	Dubai Creek Striders	00:51:23	152	9	41
153	99	Raymond Thompson	VM40		00:51:27	153	20	112
154	252	Autumn Oden	VF40		00:51:41	154	10	42
155	109	Lesley Birch	VF45		00:51:43	155	4	43
156	28	Atif Khan	OM		00:51:46	156	55	113
157	303	Allan Birimac	VM45		00:51:48	157	16	114
158	204	Adeline Cazas	OF		00:51:54	158	23	44
159	453	Olivia Dennehy	JF		00:52:09	159	3	45
160	100	Russell Short	OM		00:52:15	160	56	115
161	182	Sam Bye	OF		00:52:17	161	24	46
162	222	Marie Fontquerni Ribe	OF		00:52:25	162	25	47
163	320	Malise Foss	JF		00:52:31	163	4	48
164	313	Matthew Foss	VM40		00:52:34	164	21	116
165	307	Elijah Mae Palma	JF		00:52:44	165	5	49
166	91	Hendrik Verbrugghe	VM40		00:52:45	166	22	117
167	221	Kendra Hines	VF50		00:52:53	167	4	50
168	300	Mia Luykx	OF		00:53:00	168	26	51
169	164	Abdul Wahab Al Halabi	OM		00:53:10	169	57	118
170	251	Haider Khan	VM40	Dubai Creek Striders	00:53:11	170	23	119
171	228	Ashley McCowan	OF		00:53:13	171	27	52
172	331	Rosa Lopez	OF		00:53:13	172	28	53
173	284	Daniel Smith	VM55		00:53:16	173	8	120
174	77	Nick Dingle	VM40	Mirdif Milers	00:53:18	174	24	121
175	355	Justine Morris	VF40	Mirdif Milers	00:53:26	175	11	54
176	212	Jill Robson	OF		00:53:26	176	29	55
177	268	John Barclay	VM45	Dubai Road Runners	00:53:37	177	17	122



ABRaS AC Mina 10K Series - Race 3

10K Overall Results

Rank	Bib	Name	Cat	Club	FinishTime	Overall	Category	Gender
178	218	Christopher Simmons	VM60		00:53:39	178	3	123
179	348	Alia Haskouri	OF		00:53:45	179	30	56
180	55	Julian Copson	VM40		00:53:46	180	25	124
181	326	Kifah Sbeitan	OF	Dubai Creek Striders	00:53:51	181	31	57
182	356	Jayne Barlow Salloum	VF40	Mirdif Milers	00:53:52	182	12	58
183	144	Neslie Goode	OF		00:54:02	183	32	59
184	350	Benjamin Crossland	OM		00:54:04	184	58	125
185	175	Claire Flynn	VF40		00:54:05	185	13	60
186	38	Peter Van Der Ham	VM40	Dubai Road Runners	00:54:08	186	26	126
187	369	Debby Plumpton	VF50		00:54:09	187	5	61
188	133	Hatice Yavuz	VF40	ABRaS AC	00:54:10	188	14	62
189	295	Jay Pathak	OM		00:54:12	189	59	127
190	30	Rhyn McCutcheon	OM		00:54:30	190	60	128
191	149	Paul Dowling	VM45		00:54:39	191	18	129
192	48	Soukaina Alami	OF	ABRaS AC	00:54:44	192	33	63
193	289	Sarah Lamb	VF45	ABRaS AC	00:54:49	193	5	64
194	266	Brian Goltz	OM		00:54:51	194	61	130
195	340	Louise Foster	OF		00:55:00	195	34	65
196	316	Kevin Mulcahy	VM60		00:55:05	196	4	131
197	315	Megan Mulcahy	OF		00:55:05	197	35	66
198	321	Andriya Valabek	OF	Dubai Road Runners	00:55:09	198	36	67
199	42	Dal Gurung	OM		00:55:23	199	62	132
200	44	Jane Buthlay	OF		00:55:40	200	37	68
201	382	Alexandros Perakis	VM45		00:55:47	201	19	133
202	236	Sierra McKenna	OF		00:55:56	202	38	69
203	338	Hassan Hawash	VM45	Abu Dhabi Striders	00:56:03	203	20	134
204	16	Muna Dandan	VF45		00:56:05	204	6	70
205	173	Leanne Hucker	OF		00:56:28	205	39	71
206	383	Rachel MacLoughlin	OF		00:56:38	206	40	72
207	262	Nicholas Patmore	OM	ABRaS AC	00:56:48	207	63	135
208	125	Francesco Ciardulli	OM		00:56:50	208	64	136
209	238	Carinne Abou-Huguet	VF40		00:57:01	209	15	73
210	138	Jacqueline Williams	VF40	Dubai Creek Striders	00:57:29	210	16	74
211	241	Aamer Rasheed	OM	ABRaS AC	00:57:45	211	65	137
212	84	Claudia Italia	VF45		00:57:47	212	7	75
213	332	Michael Haasbroek	VM45		00:57:49	213	21	138
214	181	Shanon Simons	OF		00:57:53	214	41	76
215	151	Sonja Adam	VF40		00:57:55	215	17	77
216	79	Mohamed Almarzooqi	OM		00:57:56	216	66	139
217	392	Tomoko Yoshimoto	OF		00:58:14	217	42	78
218	233	Rebecca Janaway	VF50	Dubai Road Runners	00:58:29	218	6	79
219	398	Mary Grace Bongat	OF		00:58:33	219	43	80
220	257	Julien Lebrun	OM		00:58:35	220	67	140
221	380	Alanna Turpin	OF		00:58:39	221	44	81
222	183	Brigitte Shamis	VF40		00:58:40	222	18	82
223	249	Zsofia Kondor	VF40		00:58:53	223	19	83
224	305	Ian Browning	VM60	Dubai Creek Striders	00:59:09	224	5	141
225	399	Glenda Sagun	OF		00:59:27	225	45	84
226	379	Ajay Keerthy	OM		00:59:29	226	68	142
227	223	Andy Walters	OM		01:00:06	227	69	143
228	206	Alvaro Hurtado	OM		01:00:13	228	70	144
229	31	Abdul Hameed Panjath	VM45		01:00:14	229	22	145
230	235	Rathi Mampilli	VF40		01:00:15	230	20	85
231	312	Marti Hardin	VF45		01:00:17	231	8	86
232	339	Alexandra Bull	OF		01:00:25	232	46	87
233	128	Jane Shaddick-Brady	VF50	Dubai Creek Striders	01:00:26	233	7	88
234	288	Rafael Santelices	OM		01:00:37	234	71	146
235	180	Fred Balard	VF40		01:00:39	235	21	89
236	171	Lisa Stacey	VF45		01:00:40	236	9	90



ABRaS AC Mina 10K Series - Race 3

10K Overall Results

Rank	Bib	Name	Cat	Club	FinishTime	Overall	Category	Gender
237	394	Sadhana Natali-Khan	VF40	Dubai Creek Striders	01:00:41	237	22	91
238	283	Carole Escaravage	OF	Stride for Life	01:00:57	238	47	92
239	291	Brigitte Stoffberg	VF50	ABRaS AC	01:01:03	239	8	93
240	302	Branka Mazej	OF	ABRaS AC	01:01:19	240	48	94
241	231	Jeff Collins	OM	ABRaS AC	01:01:33	241	72	147
242	216	Emma Flanagan	VF45		01:01:35	242	10	95
243	178	Sandra Hava	VF40		01:01:42	243	23	96
244	80	Pom Askjaer	OF		01:01:44	244	49	97
245	18	Natalie Gibbs	OF		01:01:46	245	50	98
246	310	Andrew Gregory	VM55	Dubai Road Runners	01:01:59	246	9	148
247	296	Slawomir Troc	VM40	Dubai Creek Striders	01:02:15	247	27	149
248	297	Ewa Troc	OF		01:02:15	248	51	99
249	210	Vedrana Jovanovic	OF		01:02:20	249	52	100
250	117	Maria Bougdanou	OF		01:02:29	250	53	101
251	317	Steven Cutts	OM		01:02:46	251	73	150
252	214	Zouhier Al Chawa	OM		01:02:48	252	74	151
253	81	Kim Askjaer	VM50		01:03:01	253	14	152
254	29	Judie Kellerman	OF		01:03:07	254	54	102
255	373	Thomas Mullinnix	OM		01:03:16	255	75	153
256	85	Marco Palenzona	VM45		01:03:16	256	23	154
257	390	Nigel Gibbons	VM45		01:03:40	257	24	155
258	308	Remi Denise Palma	JF		01:03:47	258	6	103
259	203	Mathilde Rottembourg	VF40		01:04:21	259	24	104
260	207	Nilguen Atasoy Celik	OF		01:04:30	260	55	105
261	46	Rohini Kamath	OF		01:04:31	261	56	106
262	255	Mary Kristine Santos	OF		01:04:50	262	57	107
263	342	Stephanie Du Preez	OF		01:04:52	263	58	108
264	370	Vicki Holland	OF		01:04:59	264	59	109
265	256	Susan Roux	OF		01:05:04	265	60	110
266	51	Laura Sarssom	VF40		01:05:20	266	25	111
267	50	Philippa Stringer	VF40		01:05:25	267	26	112
268	22	Paul Gebara	VM45		01:06:01	268	25	156
269	270	Tina Pugh	OF		01:06:14	269	61	113
270	386	Natalie Lifook	OF		01:06:50	270	62	114
271	108	Shaun Dubash	OM		01:06:50	271	76	157
272	352	Colette Cupid	OF		01:06:51	272	63	115
273	304	Kim Perks	VF45	Dubai Creek Striders	01:06:52	273	11	116
274	254	Marry Beth Faustino	OF		01:06:55	274	64	117
275	87	Kate Maxted	OF	Dubai Creek Striders	01:07:10	275	65	118
276	188	Jayesh Patel	VM45		01:07:20	276	26	158
277	325	Kerri Holmes	OF		01:07:30	277	66	119
278	324	Lara Brice	OF		01:07:30	278	67	120
279	196	Patricia Donegan	VF55		01:07:30	279	3	121
280	224	Katy Maguire	OF		01:07:45	280	68	122
281	225	Gemma Sylvester	OF		01:07:45	281	69	123
282	193	Danny Crasto	OM		01:07:56	282	77	159
283	137	Mark Williams	VM45	Dubai Creek Striders	01:09:39	283	27	160
284	176	Trisha Clancy	OF		01:09:47	284	70	124
285	82	Pornpimol Suttachat	JF		01:10:29	285	7	125
286	106	Rexi Abraham Chacko	OM		01:10:43	286	78	161
287	168	Gemma Ralph	OF		01:10:52	287	71	126
288	172	Roya Malekian	OF		01:10:53	288	72	127
289	242	Abdul Rehman	OM	ABRaS AC	01:11:15	289	79	162
290	377	Sarah Margaret	OF		01:11:28	290	73	128
291	12	Rafael Roxas	OM		01:11:38	291	80	163
292	293	Lecille Albores Parmis	OF		01:12:16	292	74	129
293	184	Jackie Jordan	VF45		01:12:24	293	12	130
294	198	Hakan Sener	OM	ABRaS AC	01:12:37	294	81	164
295	136	Sinead Ryan	OF		01:13:04	295	75	131



ABRaS AC Mina 10K Series - Race 3

10K Overall Results

Rank	Bib	Name	Cat	Club	FinishTime	Overall	Category	Gender
296	292	Onelia Apilada	OF		01:14:27	296	76	132
297	167	Fiona Donald	OF		01:14:32	297	77	133
298	170	Mette Pii	OF		01:14:32	298	78	134
299	197	Canan Sener	OF	ABRaS AC	01:14:50	299	79	135
300	40	Nessrine Salah	VF40		01:15:19	300	27	136
301	341	Emma Gordon	OF		01:15:22	301	80	137
302	226	Stephanie Pittam	OF		01:18:14	302	81	138
303	227	Rebecca Pittam	OF		01:18:15	303	82	139
304	107	Tina Rexi	OF		01:18:42	304	83	140
305	49	Mariam Dunseath	JF39		01:28:22	305	16	141