

## 3K (male)

Pos	Athlete	Country	Gender	Category	Age	Bib#	Pace	Chip Time
1	Mohammed Aitamas Touda	MAR	M	Individual 30-39 - 3km	37	111	3:00	0:09:00
2	Noaman El Assaoui	MAR	M	Individual 15-29 - 3km	25	70	3:02	0:09:08
3	Ismail El Kharchi	MAR	M	Individual 15-29 - 3km	24	228	3:06	0:09:19
4	Rachid Draoua	MAR	M	Individual 15-29 - 3km	25	28	3:14	0:09:44
5	Mohammad Osman	SOM	M	Individual 15-29 - 3km	21	273	3:37	0:10:52
6	Vibin Dhas	IND	M	Individual 30-39 - 3km	32	30	3:56	0:11:48
7	Raed Al Khatib	JOR	M	Individual 15-29 - 3km	27	172	4:11	0:12:34
8	Ali Mohammad Salameh	JOR	M	Individual 15-29 - 3km	21	274	4:12	0:12:37
9	Abdulla Al Mheiri	UAE	M	Individual 40-49 - 3km	40	140	4:22	0:13:07
10	Seynul Abdeen Syed Ali	IND	M	Individual 50 Plus - 3km	52	27	4:28	0:13:24
11	Alexander Cresswell	GBR	M	Individual 15-29 - 3km	16	15	4:34	0:13:42
12	Saif Al Darmaki	UAE	M	Individual 15-29 - 3km	29	120	4:57	0:14:52
13	Nassir Zaiou	ALG	M	Individual 30-39 - 3km	34	193	5:17	0:15:52
14	Simon Cresswell	GBR	M	Individual 50 Plus - 3km	52	14	5:22	0:16:07
15	Zayed Al Breiki	UAE	M	Individual 15-29 - 3km	23	199	5:37	0:16:52
16	Mohamed Farhan Mohamed Nizam	SRI	M	Individual 15-29 - 3km	26	98	5:41	0:17:03
17	Emad Riza Mohamed	SRI	M	Individual 15-29 - 3km	17	185	5:46	0:17:18
18	Rahul Poovampally Rajeev	IND	M	Individual 15-29 - 3km	27	100	6:47	0:20:23
19	Sultan Masood	PAK	M	Individual 15-29 - 3km	17	17	6:51	0:20:35
20	Keith Humphreys	USA	M	Individual 50 Plus - 3km	50	175	7:00	0:21:00
21	Ahmed Al Seidi	EGY	M	Individual 30-39 - 3km	35	192	7:03	0:21:11
22	Vineesh Navayath Palliyalil	IND	M	Individual 15-29 - 3km	29	105	7:14	0:21:44
23	Atheef Ahmed Anees	SRI	M	Individual 15-29 - 3km	26	93	7:29	0:22:29
24	Ayaz Ali Mujeeb Ullah Khan	PAK	M	Individual 15-29 - 3km	28	94	7:34	0:22:44
25	Hamid Amin	PAK	M	Individual 30-39 - 3km	36	107	7:40	0:23:00
26	Riza Mohamed Mohideen Aduma Meera Saibo	SRI	M	Individual 40-49 - 3km	41	101	7:52	0:23:36
27	Ahmed Riza Mohamed	SRI	M	Individual 15-29 - 3km	16	186	7:52	0:23:38
28	Sithara Wijerathne	SRI	M	Individual 30-39 - 3km	34	85	8:00	0:24:01
29	Mohamed Imbran Anuwar	SRI	M	Individual 40-49 - 3km	42	99	8:09	0:24:27
30	Sayed Muzamil Hussain Sayed	IND	M	Individual 30-39 - 3km	34	104	8:09	0:24:28
31	Mohammed Al Eisaei	UAE	M	Individual 15-29 - 3km	29	169	8:38	0:25:55
32	Mohammed Al Saedi	UAE	M	Individual 30-39 - 3km	30	122	8:38	0:25:55
33	Gayan Karunarathna	SRI	M	Individual 30-39 - 3km	32	86	8:49	0:26:27
34	Mohieb Abu Samra	JOR	M	Individual 15-29 - 3km	27	154	9:03	0:27:10
35	Nadir Rabia Shuwaib Al Darai	OMA	M	Individual 30-39 - 3km	30	127	9:21	0:28:04
36	Osama Saeed	UAE	M	Individual 30-39 - 3km	39	4		
37	Mohammed Nizamudeen	IND	M	Individual 15-29 - 3km	23	69		
38	Abdelali Bouazzaoui	MAR	M	Individual 15-29 - 3km	27	73		
39	Khaled Ramadan	UAE	M	Individual 15-29 - 3km	19	79		
40	Chamara Jayasinghe	SRI	M	Individual 30-39 - 3km	32	84		
41	Lee Garrett	GBR	M	Individual 40-49 - 3km	40	106		
42	Mansour Al Saedi	UAE	M	Individual 15-29 - 3km	27	121		
43	Mohammed Hajou	MAR	M	Individual 15-29 - 3km	21	142		
44	Soufiane Dardour	MAR	M	Individual 15-29 - 3km	24	143		
45	Ed Mosley	GBR	M	Individual 30-39 - 3km	31	163		
46	Saud Al Zaabi	UAE	M	Individual 30-39 - 3km	30	180		
47	Neki Dhabhi	IND	M	Individual 15-29 - 3km	25	194		
48	Ashraf Muhammed Ahmad	SUD	M	Individual 15-29 - 3km	28	195		
49	Mohammed Khaled	EGY	M	Individual 40-49 - 3km	48	236		
50	Majid Sultan Musabbah Al Azizi	UAE	M	Individual 15-29 - 3km	16	248		
51	Aliyu Haidaru Tangwe	CMR	M	Individual 15-29 - 3km	20	265		
52	Kingsly Dike	NIG	M	Individual 15-29 - 3km	19	266		
53	Mavladakawai M	CMR	M	Individual 15-29 - 3km	22	267		
54	Nnaemeka Jude Okpara	NGR	M	Individual 15-29 - 3km	18	268		
55	Simando James	USA	M	Individual 30-39 - 3km	35	269		

## 3K (female)

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1	Latifa Essarokh	FRA	F	Individual 40-49 - 3km	45	75	3:50	0:11:30
2	Lydia Stalin	IND	F	Individual 15-29 - 3km	27	29	4:24	0:13:12
3	Aalia Ashraf	GBR	F	Individual 30-39 - 3km	34	91	5:45	0:17:15
4	Lola Ducroux	FRA	F	Individual 15-29 - 3km	20	279	6:26	0:19:18
5	Mariam Nuaimi	UAE	F	Individual 30-39 - 3km	30	12	7:52	0:23:37
6	Nadia Said	EGY	F	Individual 40-49 - 3km	47	235	8:31	0:25:33
7	Stacey Kalkowski	USA	F	Individual 50 Plus - 3km	50	6	9:09	0:27:28
8	Kimberly Ann Orio Pari An	PHI	F	Individual 15-29 - 3km	26	97	9:29	0:28:27
9	Naela Al Shamsi	AUS	F	Individual 30-39 - 3km	36	210	9:29	0:28:28
10	Fatima Al Nuaimi	UAE	F	Individual 15-29 - 3km	28	13	10:00	0:30:01
11	Natalie Banneel	BEL	F	Individual 50 Plus - 3km	54	22	10:08	0:30:24
12	Phyllisa Deroze	USA	F	Individual 30-39 - 3km	39	3		
13	Diedra Williams	USA	F	Individual 50 Plus - 3km	58	5		
14	Sanja Bohlmann	RSA	F	Individual 30-39 - 3km	35	62		
15	Charmella Thompson	USA	F	Individual 30-39 - 3km	38	87		
16	Zainab Al Jneibi	UAE	F	Individual 30-39 - 3km	37	159		
17	Lala Ducroux Grail	LIB	F	Individual 15-29 - 3km	20	264		