

# M1 Run 2019

## Results by Gender

### Overall Female

Rank	Bib	Name	Nat.	Age	Cat	Run	Stairs	Finish Time
1	7	Diana Gogitidze	GEO	36	OF			00:10:05
2	1	Gretta Beckett	IRL	35	OF	00:04:38	00:05:49	00:10:27
3	98	Lena Thoft Pedersen	DEN	33	OF			00:10:39
4	39	Lucy Murton	AUS	35	OF	00:04:55	00:05:50	00:10:45
5	50	Maria Gloria Isaac	CHI	33	OF	00:05:03	00:05:47	00:10:50
6	22	Sandra Malveiro	POR	30	OF	00:05:28	00:05:38	00:11:06
7	95	Sophie Norris	GBR	31	OF	00:05:17	00:06:06	00:11:23
8	15	Emma Evans	GBR	33	OF			00:11:36
9	89	Isla Watt	GBR	41	MF	00:05:10	00:06:27	00:11:36
10	65	Claire Ames	GBR	42	MF	00:05:42	00:06:13	00:11:55
11	104	Simona Stanciu	ROU	27	OF	00:05:29	00:06:41	00:12:10
12	165	Gillian Shannon	GBR	30	Team	00:05:23	00:06:52	00:12:15
13	168	Susan Bazaza	GBR	31	Team	00:05:24	00:06:52	00:12:16
14	85	Carmencita Pe	PHI	49	MF	00:06:21	00:06:39	00:12:59
15	107	Paris Norriss	GBR	33	OF	00:05:14	00:07:54	00:13:08
16	68	Karen Kean	GBR	45	MF	00:05:48	00:07:30	00:13:17
17	71	Karen Tooher	IRL	41	MF	00:06:16	00:07:02	00:13:18
18	72	Helen Thompson	GBR	45	MF	00:06:18	00:07:09	00:13:26
19	43	Susan Hulland	AUS	30	OF	00:06:25	00:07:02	00:13:27
20	55	Rosalie Lalic	PHI	39	OF	00:07:03	00:06:57	00:13:59
21	106	Irene Gaiho	KEN	32	OF	00:06:47	00:07:22	00:14:08
22	31	Soyoon Min	KOR	26	OF	00:06:28	00:08:14	00:14:42
23	6	Yasmin Baker	UAE	28	OF	00:06:51	00:08:42	00:15:33
24	102	Caroline Heffernan	IRL	41	MF	00:07:01	00:09:08	00:16:09
25	56	Elizabeth Abao	PHI	39	OF	00:07:23	00:08:54	00:16:17
26	83	Anna Arnold	GBR	45	MF	00:07:35	00:08:52	00:16:27
27	32	Leeyeon Kim	KOR	25	OF	00:08:08	00:08:47	00:16:55
28	3	Helga Icaro	PHI	38	OF	00:07:29	00:09:34	00:17:02
29	45	Salah Nasr	EGY	29	OF	00:06:30	00:10:40	00:17:10
30	60	Jess Brown	GBR	27	OF	00:07:46	00:11:06	00:18:51
31	41	Teena Tauro	IND	31	OF	00:08:30	00:12:23	00:20:53
32	73	Yosr Kanso	TUN	42	MF	00:09:04	00:11:58	00:21:02
33	76	Miseong Kim	KOR	49	MF	00:10:38	00:14:13	00:24:50
34	58	Vanitha Gopinath	IND	33	OF	00:09:04	00:22:54	00:31:58
35	59	Sahitya Sriram	IND	24	OF	00:09:05	00:22:54	00:31:59

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## Results by Gender

### Overall Male

Rank	Bib	Name	Nat.	Age	Cat	Run	Stairs	Finish Time
1	84	Paul Drury	GBR	52	OM	00:03:56	00:04:42	00:08:37
2	57	Daniel Rimmer	GBR	30	OM			00:09:04
3	48	Ahmed Al Masabi	KSA	30	OM	00:04:19	00:05:17	00:09:35
4	11	Claudius Schumacher	GER	28	OM			00:09:48
5	33	Habib Ur Rahman	PAK	29	OM	00:04:27	00:05:24	00:09:51
6	26	Zeljko Jelec	CRO	35	OM	00:04:52	00:05:00	00:09:51
7	108	Jorn Thorsen	NOR	48	MM	00:04:51	00:05:02	00:09:53
8	25	Domagoj Pavina	CRO	32	OM	00:04:51	00:05:21	00:10:12
9	63	Amine El Aroui	MAR	34	OM	00:04:34	00:05:39	00:10:12
10	27	Brodie Keating	AUS	30	OM	00:05:02	00:05:33	00:10:35
11	100	Vinod Rana	IND	45	MM	00:04:35	00:06:01	00:10:36
12	81	Jason Wagner	RSA	40	MM	00:05:05	00:05:32	00:10:37
13	37	Mohamed Al Kamali	UAE	32	OM	00:05:37	00:05:23	00:10:59
14	8	Emanuele Cibrario	ITA	37	OM	00:05:21	00:05:40	00:11:00
15	2	Stefan Fehse	GER	32	OM	00:05:14	00:05:58	00:11:11
16	161	Chan Goog Jeon	KOR	39	Team	00:05:21	00:05:52	00:11:13
17	229	Shaikh Saleh	IND	26	Team	00:05:15	00:06:02	00:11:16
18	99	Mohammed Al Balooshi	UAE	25	OM			00:11:20
19	109	Muhammed Abugosh	USA	23	OM	00:04:56	00:06:47	00:11:42
20	163	Min Kyu Kim	KOR	39	Team	00:05:08	00:06:36	00:11:44
21	94	Kieran Doherty	GBR	27	OM	00:05:05	00:06:50	00:11:55
22	91	Michael Berrigan	GBR	35	OM	00:05:11	00:06:47	00:11:57
23	164	Jinhyung Ahn	KOR	40	Team	00:05:34	00:06:25	00:11:59
24	103	Hamad Al Malke	BRN	21	OM	00:04:42	00:07:24	00:12:06
25	4	Muhammad Raza Shakeel	PAK	28	OM	00:06:02	00:06:11	00:12:12
26	30	Wojtek Orlewicz	POL	38	OM	00:06:22	00:05:51	00:12:13
27	162	Jino Jose	IND	43	Team	00:05:21	00:06:54	00:12:15
28	20	Brett Palframan	RSA	34	OM	00:05:47	00:06:31	00:12:17
29	66	Remesan Tharal	IND	43	MM	00:05:48	00:06:48	00:12:35
30	38	Omar Sulaiman	UAE	25	OM	00:06:07	00:06:39	00:12:45
31	52	Shanu Pathan	IND	27	OM	00:05:34	00:07:16	00:12:50
32	51	Mufaddal Kanchwala	IND	28	OM	00:06:03	00:06:55	00:12:57
33	53	Gayan Ferdinand	SRI	27	OM	00:05:19	00:07:53	00:13:12
34	69	Clive Gibson	GBR	40	MM	00:06:14	00:07:21	00:13:34
35	19	Jamal Al Marzouqi	UAE	28	OM	00:06:20	00:07:17	00:13:37
36	40	Nasir Ali	UAE	27	OM	00:06:41	00:07:04	00:13:45
37	14	Sherif Zaazaa	EGY	39	OM	00:06:17	00:07:32	00:13:48
38	75	Jonathan Tuguigui	PHI	45	MM	00:06:11	00:07:40	00:13:51
39	67	Stephen Beesley	GBR	45	MM	00:06:15	00:07:40	00:13:54
40	29	Jassim Al Mazrui	UAE	36	OM	00:06:20	00:07:38	00:13:58
41	16	Joachim Jacimowitsch	GER	35	OM	00:06:25	00:07:33	00:13:58
42	93	Saeed Alghafri	UAE	25	OM	00:06:19	00:07:41	00:14:00
43	227	Efraim Evidor	PHI	54	Team	00:06:22	00:07:43	00:14:05
44	28	Kieran O'Neill	GBR	36	OM	00:06:27	00:07:48	00:14:14
45	35	Badr Al Zarooni	UAE	39	OM	00:06:44	00:07:33	00:14:16
46	64	Nadir Contractor	IND	27	OM	00:06:11	00:08:17	00:14:27
47	70	Joseph Agnew	IRL	58	MM	00:06:23	00:08:14	00:14:36
48	46	Ibrahim Al Nuaimi	UAE	36	OM	00:06:19	00:08:57	00:15:15
49	86	Don Derrick Hatamosa	PHI	42	MM	00:06:35	00:08:48	00:15:23
50	23	Yomi Egbeleye	USA	31	OM	00:06:25	00:09:08	00:15:32
51	5	Nandan Tavkar	IND	37	OM	00:07:30	00:08:33	00:16:02
52	101	Saeed Al Shamsi	UAE	22	OM	00:05:57	00:10:11	00:16:07
53	74	Jose Dumayas Jr.	PHI	49	MM	00:06:26	00:09:43	00:16:09
54	34	Chris Haubold	GER	30	OM	00:08:52	00:08:14	00:17:05

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## Results by Gender

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### Overall Male

Rank	Bib	Name	Nat.	Age	Cat	Run	Stairs	Finish Time
55	36	Lukas Mugrauer	AUT	22	OM	00:08:53	00:08:16	00:17:08
56	77	Peter Joba	GER	48	MM	00:08:55	00:08:26	00:17:21
57	105	Shakir Swaleh	KEN	35	OM	00:07:26	00:10:10	00:17:35
58	24	Joel Vann	GBR	25	OM	00:06:34	00:11:23	00:17:56
59	87	Santhosh Pais	IND	46	MM	00:07:08	00:10:59	00:18:06
60	92	Ammar Al Adily	IRQ	43	MM	00:07:41	00:10:41	00:18:22
61	61	Andrew Wilks	GBR	28	OM	00:07:45	00:11:02	00:18:47
62	13	Dhanesh Devarajan	IND	30	OM	00:06:55	00:12:29	00:19:23