

Everest South 8848m

4 April 2023

EXPEDITION ITINERARY

Day 1: Arrive Kathmandu.

Day 2: Kathmandu sightseeing tour, equipment check, final permit preparation.

Day 3: Preparation, and briefing at Ministry of Tourism.

Day 4: Fly Kathmandu to Lukla. Trek and overnight at Phakding.

Day 5: Trek to Namche Bazaar.

Day 6: Rest and acclimatisation in Namche Bazaar 3450m.

Day 7: Trek and overnight to Thyangboche.

Day 8: Trek and overnight to Dingboche.

Day 9-13: Acclimatisation hikes including seminar about high altitude acclimatisation at the hospital in nearby Pheriche, run by the Himalayan Rescue Association.

Day 14: Trek and overnight to Lobuje.

Day 15: Trek to Everest base camp.

Day 16-18: Rest and preparation.

Day 19-57: Climbing period for Everest. Our sherpas will stock higher camps and we will make several rotations in preparation for the summit window which is usually from mid May.

Day 58-62: Return trek to Namche Bazaar via Dingboche, Thyangboche, Namche and then Lukla.

Day 63: Fly Lukla to Kathmandu.

Day 64: Celebrations in Kathmandu.

Day 65: Final Departure.

PLEASE NOTE: The above itinerary is not a fixed programme but is intended to give an indication of the likely events during the expedition. Please note that because of climbing Everest, it will be necessary to have a flexible plan in order to take the best advantage of situations as they present themselves. Any changes to the itinerary will be made with a view to maximising the benefit to the team members and of ensuring their eventual success on the mountain.

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Cost 61 000 USD per person

1:1 Sherpa, 8 oxygen bottles.

What the price includes

- Airport/Hotel/airport transfers
- 5 nights' accommodation at hotel in Kathmandu with breakfast and all taxes to be split before and after expedition
- Fly from Kathmandu – Lukla– Kathmandu and all your luggage to Everest Base camp and back to Lukla
- Everest Expedition Government Royalty
- All camping facilities and meals during the expedition including tent (one member = one tent) at Base camp.
- Kitchen and Dining equipment, Eating utensils, Shower Tents, Toilet Tent, Store Tent, etc
- Twin sharing HA tents Mountain Hardware T3 on Camp 1, Camp 2 and Camp 3. Triple sharing HA tents Mountain Hardware T3 on Camp 4.
- All porter wages costs from Lukla to Everest Base camp and back to Lukla.
- All costs for support staff (guide, cook, kitchen helpers, and porters)
- Liaison officer, his fee, daily wages, equipment, clothing, accommodation, flight, meals and insurance
- Expedition handling fees
- Garbage deposit for Ministry of Tourism
- HA food till Camp 4 and summit
- EPI Gas and HA cooking stoves above Base Camp till Camp 4
- Oxygen – 8 bottles per client, Mask and Regulator and extra Mask and Regulator for emergency
- Oxygen bottles, Mask and Regulator for climbing Sherpa
- High altitude sleeping mat above Base Camp till Camp IV
- SPCC(Sagarmatha Pollution Control Committee) Garbage fee / Environmental Fee
- All our base camp staffs , porters, Climbing Sherpas and Camp II staff wages, insurance and their daily wages and their equipment allowance.

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- Heaters in the mess tent at BC.
- All breakfast, Lunch, Dinner, Tea, Coffee from Lukla to Everest Base Camp, till Camp 4 and till back to Lukla and Kathmandu.
- Kathmandu to Everest Base camp and back (all luggage and extra baggage carrying wages for the clients)
- Generator and Solar Panel at Base Camp
- Sagarmatha National park fee. Khumbu Village Development Fee.
- Climbing Sherpa daily wages, insurance, equipment allowance, meals, accommodation etc
- Climbing Rope Fixing fee for Expedition operators Association of Nepal
- Carrying wages for Climbing Sherpa above base camp (Camp 1, Camp 2, Camp 3 and Camp 4 and back to Base Camp)
- Satellite phone for Emergency use
- Radio sets for members and climbing Sherpa
- GAMO bag (Portable Altitude Chamber)
- Khumbu Ice Fall Doctor's Fee
- Breakfast, Lunch, Dinner, Tea, Coffee, Hot water for shower from Lukla to Everest Base Camp and while on the expedition and back to Lukla.

What the price does not include

- International flights and airport taxes.
- Nepal Visa fees.
- Bar bills and laundry.
- Travel insurance.
- Lunch and evening meals in Kathmandu.
- Tips for driver, guide, porter, BC staff and climbing Sherpas
- Personal climbing equipment such as Ice axe, Crampons and Climbing boots, Four season sleeping, Harness, Jumar/ascender...
- Successful Climbing Bonus for the Sherpa – (USD 1500)

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Booking

If you would like to book a place on this expedition, please contact us. We can do a Zoom conference to show you what to expect on the mountains and to answer any questions personally.

The deposit is 9 000 USD (per person) and will secure you a place on this expedition.

Remember we operate on low clients per western guide, so places are limited each year. We have a confirmed expedition in 2023 with 1 place already taken.

The final balances must be settled as follows

January 1st 25 000 USD

March 1st 27 000 USD

Pre training and advice

The receipt of your deposit also allows you a 5 days training period in the Pyrenees prior to your expedition. This can be in the summer or winter. It can be expedition training, ice climbing, fitness training, running, rock climbing.

Additional training weeks in the Pyrenees are available at cost as well as other 8000m peaks and expeditions in preparation for Everest and Lhotse.

At all times before, during and after Everest and Lhotse you will have access via email, Whatsapp, Zoom and phone for any questions on any subject.

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Meet your guides

Sean and Lluís are the regular western guides on your expeditions. Between them they have led over 17 expeditions to 8000m peaks. Because we keep our western guide ratio for clients very low, you most likely will be climbing with them.

Feel free to contact them anyway and meet up in the Pyrenees, near Andorra where they are both based.



Lluís Cortadellas is one of the new breed of climbers. He has a strong competition background in skimo, vtt and running. He is from the Catalunya region and lives with his daughter and partner in the foothills of the Pyrenees where he works as a physiotherapist. He has led teams to 8000m peaks in Nepal and Pakistan.



Sean James, originally from Sheffield in the UK divides his time between Dubai and the Pyrenees and of course the Himalayas. With a strong technical background in rock climbing he has been leading expeditions for over 25 years. Both Lluís and Sean have summited 8000m peaks without supplementary oxygen.

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